

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## CHRIS PARSONS

Has successfully participated & completed the

10.8km Cape Prestige Trail Run#2

held at Ayama Slent Farm.

**TIME** 01:13:04

**PACE** 06:37/km

OVERALL 57 of 114

**GENDER** 34 of 49

**50 - 59** 5 of 9

09 September 2023, Sat

Date

